

Ultrasound

Imaging Services Ultrasound Department	Prep Instructions *** (See special notes for Pediatric Preps)
Ultrasound of Aorta	NPO after midnight. (No food or drink after midnight.) No barium 3-4 days prior.
Carotid Ultrasound	No special prep.
Gallbladder Ultrasound	NPO after midnight. (No food or drink after midnight.) No barium 3-4 days prior. Fat-free diet the evening prior to exam.
Non-OB Pelvic Ultrasound	Drink 32 oz. of fluid prior to exam. *Patient may not void until after exam.
Transvaginal Ultrasound	Usually performed after pelvic.
Transvaginal Ultrasound/OB	Drink 32 oz. of fluid prior to exam. *Patient may not void until after exam.
OB Pelvic Ultrasound	Drink 32 oz. of fluid prior to exam. *Patient may not void until after exam.
Biophysical Profile	Drink 32-40 oz. of fluid prior to exam. Also eat a full meal one hour prior to exam. *Patient may not void until after exam.
Amniocentesis	No special prep.
Breast Aspiration	No special prep.
Prostate Ultrasound	Must have PSA level prior to scan. One fleet enema one hour prior to exam.
Transrectal Prostate Biopsy	Must have PSA level prior to scan. One fleet enema one hour prior to exam. Check orders for antibiotics on board.
Renal Ultrasound	Drink 20 ounces of water 1 (one) hour prior to exam. Patient may NOT void until after exam.
Right Upper Quadrant	NPO after midnight.
Testicular Ultrasound	No special prep.
Thyroid Ultrasound	No special prep.
Venous Doppler (bi-lateral or uni-lateral)	No special prep.
Limited Abdominal Ultrasound	NPO after midnight.
Neonatal Brain	No special prep.
Special notes on prep instructions for Ultrasound:	
* For Preps requiring patient to drink fluids, avoid carbonated beverages.	

<p align="center">*** PEDIATRIC ULTRASOUND ***</p> <p align="center">< 18 months of age</p> <p align="center">(Please see EXCEPTIONS below)</p> <p>PLEASE NOTE: Children not scheduled for exams are permitted in waiting areas only and must be accompanied by a responsible adult at all times.</p>	<p>Have the parents withhold the last feeding prior to the appointment. Parents should bring this feeding with them to the appointment location. <u>The parents should then feed the child at the facility approximately 15 minutes prior to the appointment.</u> This is to encourage sleepiness for the baby, which will enhance Ultrasound imaging capabilities.</p>
<p><u>Pediatric abdomen</u> for diagnosis of “pyloric stenosis” < 18 months of age</p>	<p>NPO for 4 hours prior to exam. The ultrasound staff will feed the baby during the examination.</p>